

2026年度 (財)日本水泳連盟 資格級 (女子) その1

	自由形						背泳ぎ			平泳ぎ			バタフライ			個人ドレー			
	50m	100m	200m	400m	800m	1500m	50m	100m	200m	50m	100m	200m	50m	100m	200m	100m	200m	400m	
19歳以上	15	23.39	50.77	1:51.00	3:54.83	8:03.49	15:26.54	25.59	54.62	1:58.75	28.97	1:03.18	2:14.13	24.21	53.90	2:01.14	56.43	2:02.78	4:19.10
	14	23.90	51.90	1:53.01	3:59.21	8:12.60	15:44.00	26.19	55.98	2:01.65	29.67	1:04.40	2:17.02	24.88	55.19	2:03.28	56.59	2:05.31	4:24.59
	13	24.41	53.04	1:55.02	4:03.59	8:21.72	16:01.47	26.80	57.34	2:04.55	30.37	1:05.63	2:19.91	25.56	56.48	2:05.42	56.76	2:07.85	4:30.09
	12	24.92	54.17	1:57.03	4:07.97	8:30.83	16:18.94	27.41	58.70	2:07.45	31.07	1:06.86	2:22.80	26.24	57.77	2:07.56	56.92	2:10.38	4:35.59
	11	25.43	55.31	1:59.05	4:12.35	8:39.95	16:36.41	28.02	1:00.06	2:10.36	31.77	1:08.09	2:25.69	26.92	59.06	2:09.71	57.09	2:12.92	4:41.09
	10	26.27	57.14	2:03.12	4:20.94	8:57.63	17:10.30	28.94	1:02.01	2:14.62	32.81	1:10.39	2:30.55	27.77	1:00.99	2:14.15	59.26	2:17.38	4:50.49
	9	27.12	58.98	2:07.19	4:29.54	9:15.32	17:44.20	29.86	1:03.97	2:18.88	33.85	1:12.70	2:35.41	28.63	1:02.93	2:18.60	1:01.43	2:21.84	4:59.89
	8	27.97	1:00.81	2:11.26	4:38.13	9:33.01	18:18.09	30.78	1:05.93	2:23.14	34.89	1:15.00	2:40.27	29.49	1:04.87	2:23.05	1:03.61	2:26.31	5:09.29
	7	28.81	1:02.65	2:15.33	4:46.73	9:50.70	18:51.99	31.70	1:07.88	2:27.40	35.93	1:17.31	2:45.13	30.35	1:06.81	2:27.50	1:05.78	2:30.77	5:18.70
	6	29.66	1:04.48	2:19.40	4:55.33	10:08.3	19:25.89	32.62	1:09.84	2:31.67	36.97	1:19.62	2:50.00	31.21	1:08.75	2:31.95	1:07.96	2:35.24	5:28.10
	5	30.51	1:06.32	2:23.47	5:03.92	10:26.0	19:59.78	33.54	1:11.80	2:35.93	38.01	1:21.92	2:54.86	32.06	1:10.68	2:36.39	1:10.13	2:39.70	5:37.50
	4	31.35	1:08.15	2:27.54	5:12.52	10:43.7	20:33.68	34.46	1:13.75	2:40.19	39.05	1:24.23	2:59.72	32.92	1:12.62	2:40.84	1:12.30	2:44.16	5:46.91
	3	32.20	1:09.99	2:31.61	5:21.11	11:01.4	21:07.57	35.38	1:15.71	2:44.45	40.09	1:26.53	3:04.58	33.78	1:14.56	2:45.29	1:14.48	2:48.63	5:56.31
	2	33.05	1:11.82	2:35.68	5:29.71	11:19.1	21:41.47	36.30	1:17.67	2:48.71	41.13	1:28.84	3:09.44	34.64	1:16.50	2:49.74	1:16.65	2:53.09	6:05.71
	1	33.90	1:13.66	2:39.75	5:38.31	11:36.8	22:15.37	37.22	1:19.63	2:52.98	42.18	1:31.15	3:14.31	35.50	1:18.44	2:54.19	1:18.83	2:57.56	6:15.12
17歳	15	24.41	53.04	1:55.02	4:03.59	8:21.72	16:01.47	26.80	57.34	2:04.55	30.37	1:05.63	2:19.91	25.56	56.48	2:05.42	56.76	2:07.85	4:30.09
	14	24.86	54.02	1:56.92	4:07.04	8:28.70	16:14.84	27.26	58.59	2:07.02	30.88	1:06.71	2:22.42	26.07	57.67	2:07.60	58.34	2:10.21	4:34.67
	13	25.31	55.00	1:58.82	4:10.49	8:35.68	16:28.22	27.72	59.85	2:09.49	31.39	1:07.80	2:24.94	26.59	58.86	2:09.79	59.93	2:12.58	4:39.26
	12	25.76	55.98	2:00.72	4:13.94	8:42.66	16:41.59	28.18	1:01.11	2:11.96	31.90	1:08.89	2:27.46	27.11	1:00.05	2:11.98	1:01.51	2:14.94	4:43.84
	11	26.21	56.97	2:02.63	4:17.40	8:49.64	16:54.97	28.65	1:02.37	2:14.43	32.41	1:09.98	2:29.98	27.63	1:01.24	2:14.17	1:03.10	2:17.31	4:48.43
	10	27.02	58.74	2:06.56	4:25.96	9:07.34	17:28.89	29.55	1:04.20	2:18.52	33.44	1:12.22	2:34.68	28.46	1:03.07	2:18.41	1:04.78	2:21.58	4:57.62
	9	27.84	1:00.51	2:10.50	4:34.53	9:25.04	18:02.81	30.46	1:06.04	2:22.62	34.48	1:14.47	2:39.39	29.30	1:04.90	2:22.66	1:06.46	2:25.86	5:06.82
	8	28.66	1:02.28	2:14.44	4:43.10	9:42.74	18:36.73	31.37	1:07.88	2:26.72	35.51	1:16.71	2:44.10	30.14	1:06.73	2:26.91	1:08.15	2:30.13	5:16.02
	7	29.47	1:04.06	2:18.37	4:51.67	10:00.4	19:10.65	32.28	1:09.72	2:30.82	36.55	1:18.96	2:48.80	30.97	1:08.56	2:31.15	1:09.83	2:34.41	5:25.21
	6	30.29	1:05.83	2:22.31	5:00.24	10:18.1	19:44.57	33.19	1:11.56	2:34.92	37.59	1:21.20	2:53.51	31.81	1:10.39	2:35.40	1:11.52	2:38.69	5:34.41
	5	31.11	1:07.60	2:26.25	5:08.80	10:35.8	20:18.49	34.10	1:13.40	2:39.02	38.62	1:23.45	2:58.22	32.65	1:12.22	2:39.65	1:13.20	2:42.96	5:43.61
	4	31.92	1:09.38	2:30.18	5:17.37	10:53.5	20:52.41	35.01	1:15.24	2:43.12	39.66	1:25.69	3:02.92	33.48	1:14.05	2:43.89	1:14.88	2:47.24	5:52.80
	3	32.74	1:11.15	2:34.12	5:25.94	11:11.2	21:26.33	35.92	1:17.08	2:47.22	40.69	1:27.94	3:07.63	34.32	1:15.88	2:48.14	1:16.57	2:51.51	6:02.00
	2	33.56	1:12.92	2:38.06	5:34.51	11:28.9	22:00.25	36.83	1:18.92	2:51.32	41.73	1:30.18	3:12.34	35.16	1:17.71	2:52.39	1:18.25	2:55.79	6:11.20
	1	34.38	1:14.70	2:42.00	5:43.08	11:46.6	22:34.18	37.74	1:20.76	2:55.42	42.77	1:32.43	3:17.05	36.00	1:19.54	2:56.64	1:19.94	3:00.07	6:20.40
16歳	15	24.86	54.02	1:56.92	4:07.04	8:28.70	16:14.84	27.26	58.59	2:07.02	30.88	1:06.71	2:22.42	26.07	57.67	2:07.60	58.34	2:10.21	4:34.67
	14	25.20	54.80	1:58.44	4:09.77	8:34.52	16:25.99	27.77	59.58	2:08.87	31.25	1:07.69	2:24.53	26.44	58.59	2:09.34	59.58	2:12.09	4:38.29
	13	25.54	55.58	1:59.96	4:12.51	8:40.34	16:37.15	28.28	1:00.58	2:10.73	31.63	1:08.68	2:26.65	26.81	59.51	2:11.09	1:00.82	2:13.97	4:41.92
	12	25.88	56.36	2:01.48	4:15.24	8:46.16	16:48.30	28.79	1:01.58	2:12.58	32.01	1:09.67	2:28.77	27.18	1:00.43	2:12.83	1:02.06	2:15.85	4:45.54
	11	26.23	57.14	2:03.01	4:17.98	8:51.98	16:59.46	29.31	1:02.58	2:14.44	32.39	1:10.66	2:30.89	27.56	1:01.36	2:14.58	1:03.30	2:17.74	4:49.17
	10	27.09	59.00	2:07.14	4:26.98	9:10.45	17:34.86	30.20	1:04.51	2:18.78	33.48	1:12.96	2:35.78	28.45	1:03.29	2:19.03	1:05.07	2:22.23	4:58.83
	9	27.95	1:00.86	2:11.27	4:35.98	9:28.93	18:10.27	31.10	1:06.44	2:23.13	34.58	1:15.27	2:40.68	29.35	1:05.22	2:23.49	1:06.85	2:26.72	5:08.50
	8	28.82	1:02.72	2:15.40	4:44.98	9:47.40	18:45.67	32.00	1:08.37	2:27.48	35.68	1:17.58	2:45.58	30.24	1:07.15	2:27.95	1:08.63	2:31.21	5:18.17
	7	29.68	1:04.59	2:19.53	4:53.98	10:05.8	19:21.08	32.89	1:10.31	2:31.83	36.78	1:19.89	2:50.48	31.14	1:09.08	2:32.41	1:10.41	2:35.70	5:27.83
	6	30.55	1:06.45	2:23.66	5:02.98	10:24.3	19:56.49	33.79	1:12.24	2:36.18	37.88	1:22.20	2:55.38	32.03	1:11.02	2:36.87	1:12.19	2:40.19	5:37.50
	5	31.41	1:08.31	2:27.79	5:11.98	10:42.8	20:31.89	34.69	1:14.17	2:40.52	38.98	1:24.51	3:00.27	32.93	1:12.95	2:41.33	1:13.96	2:44.68	5:47.17
	4	32.27	1:10.18	2:31.92	5:20.98	11:01.3	21:07.30	35.58	1:16.11	2:44.87	40.08	1:26.82	3:05.17	33.82	1:14.88	2:45.79	1:15.74	2:49.17	5:56.83
	3	33.14	1:12.04	2:36.05	5:29.98	11:19.7	21:42.70	36.48	1:18.04	2:49.22	41.18	1:29.13	3:10.07	34.72	1:16.81	2:50.25	1:17.52	2:53.66	6:06.50
	2	34.00	1:13.90	2:40.18	5:38.98	11:38.2	22:18.11	37.38	1:19.97	2:53.57	42.28	1:31.44	3:14.97	35.61	1:18.74	2:54.71	1:19.30	2:58.15	6:16.17
	1	34.87	1:15.77	2:44.31	5:47.98	11:56.7	22:53.52	38.28	1:21.91	2:57.92	43.38	1:33.75	3:19.87	36.51	1:20.68	2:59.17	1:21.08	3:02.64	6:25.84
15歳	15	25.20	54.80	1:58.44	4:09.77	8:34.52	16:25.99	27.77	59.58	2:08.87	31.25	1:07.69	2:24.53	26.44	58.59	2:09.34	59.58	2:12.09	4:38.29
	14	25.59	55.67	2:00.18	4:13.28	8:39.50	16:35.54	28.33	1:00.71	2:11.00	31.70	1:08.79	2:26.95	26.87	59.62	2:11.37	1:00.80	2:14.14	4:42.40
	13	25.99	56.54	2:01.92	4:16.80	8:44.48	16:45.09	28.90	1:01.84	2:13.13	32.15	1:09.89	2:29.37	27.31	1:00.66	2:13.40	1:02.02	2:16.19	4:46.52
	12	26.39	57.41	2:03.66	4:20.32	8:49.46	16:54.64	29.46	1:02.97	2:15.26	32.60	1:10.99	2:31.79	27.74	1:01.70	2:15.43	1:03.24	2:18.24	4:50.63
	11	26.79	58.28	2:05.40	4:23.84	8:54.45	17:04.19	30.03	1:04.10	2:17.39	33.05	1:12.09	2:34.22	28.18	1:02.74	2:17.47	1:04.47	2:20.29	4:54.75
	10	27																	

2026年度 (財)日本水泳連盟 資格級 (女子) その2

年齢	級	自由形					背泳ぎ			平泳ぎ			バタフライ			個人メドレー			
		50m	100m	200m	400m	800m	1500m	50m	100m	200m	50m	100m	200m	50m	100m	200m	100m	200m	400m
12歳	15	25.94	56.43	2:01.85	4:16.43	8:44.28	16:44.70	28.84	1:01.74	2:13.17	32.05	1:09.64	2:28.77	27.27	1:00.56	2:13.44	1:01.84	2:15.95	4:46.32
	14	26.38	57.50	2:04.20	4:21.09	8:52.52	17:00.49	29.40	1:03.09	2:16.38	32.68	1:10.93	2:31.28	27.85	1:01.80	2:16.89	1:03.14	2:18.45	4:51.67
	13	26.83	58.57	2:06.56	4:25.76	9:00.76	17:16.28	29.97	1:04.45	2:19.59	33.32	1:12.22	2:33.79	28.43	1:03.04	2:20.35	1:04.45	2:20.95	4:57.02
	12	27.27	59.64	2:08.92	4:30.43	9:09.00	17:32.07	30.54	1:05.80	2:22.80	33.95	1:13.51	2:36.30	29.01	1:04.28	2:23.81	1:05.76	2:23.45	5:02.37
	11	27.72	1:00.71	2:11.28	4:35.10	9:17.25	17:47.87	31.11	1:07.16	2:26.01	34.59	1:14.81	2:38.82	29.60	1:05.53	2:27.27	1:07.07	2:25.95	5:07.73
	10	28.76	1:02.92	2:16.12	4:45.65	9:39.91	18:31.31	32.18	1:09.40	2:30.86	35.87	1:17.58	2:44.79	30.63	1:07.80	2:32.13	1:09.23	2:31.33	5:19.15
	9	29.80	1:05.14	2:20.96	4:56.20	10:02.5	19:14.75	33.26	1:11.64	2:35.72	37.16	1:20.35	2:50.77	31.66	1:10.07	2:37.00	1:11.39	2:36.71	5:30.58
	8	30.84	1:07.35	2:25.80	5:06.75	10:25.2	19:58.19	34.33	1:13.88	2:40.58	38.44	1:23.12	2:56.75	32.69	1:12.34	2:41.87	1:13.55	2:42.09	5:42.01
	7	31.88	1:09.57	2:30.65	5:17.30	10:47.9	20:41.63	35.41	1:16.13	2:45.44	39.73	1:25.90	3:02.73	33.73	1:14.61	2:46.74	1:15.71	2:47.47	5:53.44
	6	32.93	1:11.79	2:35.49	5:27.85	11:10.5	21:25.08	36.49	1:18.37	2:50.30	41.02	1:28.67	3:08.71	34.76	1:16.89	2:51.61	1:17.87	2:52.85	6:04.87
	5	33.97	1:14.00	2:40.33	5:38.40	11:33.2	22:08.52	37.56	1:20.61	2:55.16	42.30	1:31.44	3:14.68	35.79	1:19.16	2:56.48	1:20.03	2:58.23	6:16.29
	4	35.01	1:16.22	2:45.18	5:48.95	11:55.9	22:51.96	38.64	1:22.86	3:00.02	43.59	1:34.22	3:20.66	36.83	1:21.43	3:01.35	1:22.19	3:03.61	6:27.72
	3	36.05	1:18.43	2:50.02	5:59.50	12:18.5	23:35.40	39.71	1:25.10	3:04.88	44.87	1:36.99	3:26.64	37.86	1:23.70	3:06.22	1:24.35	3:08.99	6:39.15
	2	37.09	1:20.65	2:54.86	6:10.05	12:41.2	24:18.84	40.79	1:27.34	3:09.74	46.16	1:39.76	3:32.62	38.89	1:25.97	3:11.09	1:26.51	3:14.37	6:50.58
	1	38.14	1:22.87	2:59.71	6:20.60	13:03.9	25:02.29	41.87	1:29.59	3:14.60	47.45	1:42.54	3:38.60	39.93	1:28.25	3:15.96	1:28.68	3:19.76	7:02.01
11歳	15	26.38	57.50	2:04.20	4:21.09	8:52.52	17:00.49	29.40	1:03.09	2:16.38	32.68	1:10.93	2:31.28	27.85	1:01.80	2:16.89	1:03.14	2:18.45	4:51.67
	14	26.88	58.67	2:06.83	4:26.39	9:02.35	17:19.33	29.99	1:04.56	2:19.77	33.36	1:12.40	2:34.23	28.46	1:03.25	2:20.65	1:04.54	2:21.24	4:57.61
	13	27.39	59.84	2:09.46	4:31.70	9:12.19	17:38.18	30.58	1:06.03	2:23.17	34.05	1:13.88	2:37.19	29.08	1:04.70	2:24.42	1:05.95	2:24.03	5:03.55
	12	27.90	1:01.01	2:12.09	4:37.01	9:22.03	17:57.03	31.17	1:07.50	2:26.57	34.73	1:15.35	2:40.14	29.70	1:06.15	2:28.18	1:07.35	2:26.82	5:09.49
	11	28.41	1:02.19	2:14.73	4:42.32	9:31.87	18:15.88	31.76	1:08.98	2:29.97	35.42	1:16.83	2:43.10	30.32	1:07.61	2:31.95	1:08.76	2:29.61	5:15.44
	10	29.57	1:04.66	2:20.11	4:54.02	9:56.93	19:03.91	32.97	1:11.48	2:35.39	36.85	1:19.90	2:49.72	31.47	1:10.10	2:37.31	1:11.18	2:35.60	5:28.17
	9	30.73	1:07.14	2:25.49	5:05.72	10:21.9	19:51.94	34.19	1:13.98	2:40.81	38.29	1:22.98	2:56.35	32.63	1:12.60	2:42.68	1:13.61	2:41.60	5:40.90
	8	31.89	1:09.61	2:30.87	5:17.42	10:47.0	20:39.97	35.41	1:16.48	2:46.23	39.72	1:26.05	3:02.97	33.79	1:15.10	2:48.04	1:16.04	2:47.60	5:53.63
	7	33.05	1:12.09	2:36.25	5:29.12	11:12.1	21:28.00	36.62	1:18.98	2:51.65	41.16	1:29.13	3:09.60	34.95	1:17.60	2:53.41	1:18.47	2:53.60	6:06.37
	6	34.21	1:14.57	2:41.64	5:40.82	11:37.1	22:16.03	37.84	1:21.49	2:57.07	42.60	1:32.21	3:16.23	36.11	1:20.10	2:58.77	1:20.90	2:59.60	6:19.10
	5	35.37	1:17.04	2:47.02	5:52.52	12:02.2	23:04.06	39.06	1:23.99	3:02.49	44.03	1:35.28	3:22.85	37.26	1:22.59	3:04.14	1:23.32	3:05.59	6:31.83
	4	36.53	1:19.52	2:52.40	6:04.22	12:27.3	23:52.09	40.27	1:26.49	3:07.91	45.47	1:38.36	3:29.48	38.42	1:25.09	3:09.50	1:25.75	3:11.59	6:44.57
	3	37.69	1:21.99	2:57.78	6:15.92	12:52.3	24:40.12	41.49	1:28.99	3:13.33	46.90	1:41.43	3:36.10	39.58	1:27.59	3:14.87	1:28.18	3:17.59	6:57.30
	2	38.85	1:24.47	3:03.16	6:27.62	13:17.4	25:28.15	42.71	1:31.49	3:18.75	48.34	1:44.51	3:42.73	40.74	1:30.09	3:20.23	1:30.61	3:23.59	7:10.03
	1	40.01	1:26.95	3:08.55	6:39.32	13:42.4	26:16.18	43.93	1:34.00	3:24.18	49.78	1:47.59	3:49.36	41.90	1:32.59	3:25.60	1:33.04	3:29.59	7:22.77
10歳	15	27.90	1:01.01	2:12.09	4:37.01	9:22.03	17:57.03	31.17	1:07.50	2:26.57	34.73	1:15.35	2:40.14	29.70	1:06.15	2:28.18	1:07.35	2:26.82	5:09.49
	14	28.40	1:02.12	2:14.51	4:42.03	9:31.97	18:16.09	31.84	1:09.01	2:29.90	35.55	1:17.12	2:43.85	30.30	1:07.52	2:31.38	1:08.77	2:29.84	5:15.88
	13	28.90	1:03.23	2:16.94	4:47.06	9:41.92	18:35.15	32.52	1:10.53	2:33.24	36.37	1:18.89	2:47.57	30.91	1:08.89	2:34.59	1:10.19	2:32.87	5:22.27
	12	29.40	1:04.34	2:19.36	4:52.08	9:51.87	18:54.21	33.19	1:12.04	2:36.58	37.19	1:20.66	2:51.28	31.52	1:10.26	2:37.79	1:11.61	2:35.89	5:28.66
	11	29.90	1:05.45	2:21.79	4:57.11	10:01.8	19:13.27	33.87	1:13.56	2:39.92	38.01	1:22.44	2:55.00	32.13	1:11.64	2:41.00	1:13.04	2:38.92	5:35.06
	10	31.06	1:08.00	2:27.45	5:09.63	10:29.2	20:05.58	35.05	1:16.04	2:45.39	39.35	1:25.34	3:01.45	33.29	1:14.18	2:46.42	1:15.48	2:44.98	5:48.25
	9	32.22	1:10.56	2:33.12	5:22.16	10:56.6	20:57.90	36.24	1:18.53	2:50.86	40.70	1:28.25	3:07.91	34.46	1:16.73	2:51.85	1:17.93	2:51.04	6:01.44
	8	33.38	1:13.12	2:38.79	5:34.68	11:23.9	21:50.22	37.43	1:21.01	2:56.33	42.05	1:31.16	3:14.37	35.63	1:19.28	2:57.27	1:20.38	2:57.10	6:14.63
	7	34.54	1:15.68	2:44.45	5:47.21	11:51.3	22:42.53	38.61	1:23.50	3:01.80	43.40	1:34.07	3:20.83	36.79	1:21.83	3:02.70	1:22.82	3:03.16	6:27.82
	6	35.71	1:18.24	2:50.12	5:59.74	12:18.7	23:34.85	39.80	1:25.98	3:07.27	44.75	1:36.98	3:27.29	37.96	1:24.38	3:08.12	1:25.27	3:09.22	6:41.01
	5	36.87	1:20.79	2:55.79	6:12.26	12:46.1	24:27.17	40.99	1:28.47	3:12.74	46.09	1:39.88	3:33.75	39.13	1:26.92	3:13.55	1:27.72	3:15.28	6:54.20
	4	38.03	1:23.35	3:01.45	6:24.79	13:13.5	25:19.48	42.17	1:30.95	3:18.21	47.44	1:42.79	3:40.21	40.29	1:29.47	3:18.97	1:30.16	3:21.34	7:07.39
	3	39.19	1:25.91	3:07.12	6:37.31	13:40.9	26:11.80	43.36	1:33.44	3:23.68	48.79	1:45.70	3:46.67	41.46	1:32.02	3:24.40	1:32.61	3:27.40	7:20.58
	2	40.35	1:28.47	3:12.79	6:49.84	14:08.3	27:04.12	44.55	1:35.92	3:29.15	50.14	1:48.61	3:53.13	42.63	1:34.57	3:29.82	1:35.06	3:33.46	7:33.77
	1	41.52	1:31.03	3:18.46	7:02.37	14:35.7	27:56.44	45.74	1:38.41	3:34.63	51.49	1:51.52	3:59.59	43.80	1:37.12	3:35.25	1:37.51	3:39.53	7:46.97
9歳	15	29.40	1:04.34	2:19.36	4:52.08	9:51.87	18:54.21	33.19	1:12.04	2:36.58	37.19	1:20.66	2:51.28	31.52	1:10.26	2:37.79	1:11.61	2:35.89	5:28.66
	14	29.87	1:05.38	2:21.62	4:56.80	10:01.3	19:12.43	33.78	1:13.34	2:39.42	37.92	1:22.25	2:54.65	32.01	1:11.35	2:40.28	1:12.66	2:38.17	5:33.46
	13	30.35	1:06.42	2:23.88	5:01.53	10:10.8	19:30.65	34.38	1:14.64	2:42.26	38.66	1:23.85	2:58.03	32.50	1:12.45	2:42.77	1:13.72	2:40.45	5:38.27
	12	30.82	1:07.46	2:26.14	5:06.25	10:20.4	19:48.87	34.97	1:15.94	2:45.10	39.40	1:25.45	3:01.40	32.99	1:13.55	2:45.26	1:14.77	2:42.73	5:43.08
	11	31.30	1:08.51	2:28.41	5:10.98	10:29.9	20:07.09	35.57	1:17.25	2:47.94	40.14	1:27.05	3:04.78	33.48	1:14.65	2:47.76	1:15.83	2:45.01	5:47.89
	10	32.69	1:11.57	2:35.17	5:25.87	11:02.2	21:08.90	36.99	1:20.24	2:54.51	41.73	1:30.48	3:12.39	34.90	1:17.76	2:54.42	1:18.86	2:52.41	6:03.94
	9	34.08	1:14.63	2:41.94	5:40.76	11:34.6	22:10.72	38.41	1:23.23	3:01.09	43.32	1:33.92	3:20.00	36.32	1:20.87	3:01.08	1:21.90	2:59.81	6:20.00
	8	35.47	1:17.69	2:48.71	5:55.65	12:06.9	23:12.54	39.84	1:26.22	3:07.66	44.91	1:37.36	3:27.61	37.74	1:23.98	3:07.74	1:24.93	3:07.21	6:36.05
	7	36.86	1:20.75	2:55.48	6:10.54	12:39.3	24:14.36	41.26	1:29.21	3:14.24	46.51	1:40.80	3:35.22	39.16	1:27.09	3:14.40	1:27.97	3:14.62	6:52.11
	6	38.25	1:23.81	3:02.25	6:25.43	13:11.6	25:16												