

2016 日本水泳連盟ナショナル選手標準記録対比表（男子・高校）

高3		自由形					背泳ぎ		平泳ぎ		バタフライ		個人メドレー	
		50	100	200	400	1500	100	200	100	200	100	200	200	400
%		23.11	50.39	1:50.27	3:52.57	15:24.44	55.47	2:00.72	1:02.12	2:13.83	53.53	1:59.16	2:01.90	4:20.55
1		23.34	50.89	1:51.37	3:54.90	15:33.68	56.02	2:01.93	1:02.74	2:15.17	54.07	2:00.35	2:03.12	4:23.16
2		23.57	51.40	1:52.48	3:57.22	15:42.93	56.58	2:03.13	1:03.36	2:16.51	54.60	2:01.54	2:04.34	4:25.76
3		23.80	51.90	1:53.58	3:59.55	15:52.17	57.13	2:04.34	1:03.98	2:17.84	55.14	2:02.73	2:05.56	4:28.37
4		24.03	52.41	1:54.68	4:01.87	16:01.42	57.69	2:05.55	1:04.60	2:19.18	55.67	2:03.93	2:06.78	4:30.97
5		24.27	52.91	1:55.78	4:04.20	16:10.66	58.24	2:06.76	1:05.23	2:20.52	56.21	2:05.12	2:08.00	4:33.58
6		24.50	53.41	1:56.89	4:06.52	16:19.91	58.80	2:07.96	1:05.85	2:21.86	56.74	2:06.31	2:09.21	4:36.18
7		24.73	53.92	1:57.99	4:08.85	16:29.15	59.35	2:09.17	1:06.47	2:23.20	57.28	2:07.50	2:10.43	4:38.79
8		24.96	54.42	1:59.09	4:11.18	16:38.40	59.91	2:10.38	1:07.09	2:24.54	57.81	2:08.69	2:11.65	4:41.39
9		25.19	54.93	2:00.19	4:13.50	16:47.64	1:00.46	2:11.58	1:07.71	2:25.87	58.35	2:09.88	2:12.87	4:44.00
10		25.42	55.43	2:01.30	4:15.83	16:56.88	1:01.02	2:12.79	1:08.33	2:27.21	58.88	2:11.08	2:14.09	4:46.61

高2		自由形					背泳ぎ		平泳ぎ		バタフライ		個人メドレー	
		50	100	200	400	1500	100	200	100	200	100	200	200	400
%		23.33	50.88	1:51.35	3:54.86	15:33.52	56.28	2:01.90	1:02.72	2:15.15	54.05	2:00.32	2:03.10	4:23.11
1		23.56	51.39	1:52.46	3:57.21	15:42.86	56.84	2:03.12	1:03.35	2:16.50	54.59	2:01.52	2:04.33	4:25.74
2		23.80	51.90	1:53.58	3:59.56	15:52.19	57.41	2:04.34	1:03.97	2:17.85	55.13	2:02.73	2:05.56	4:28.37
3		24.03	52.41	1:54.69	4:01.91	16:01.53	57.97	2:05.56	1:04.60	2:19.20	55.67	2:03.93	2:06.79	4:31.00
4		24.26	52.92	1:55.80	4:04.25	16:10.86	58.53	2:06.78	1:05.23	2:20.56	56.21	2:05.13	2:08.02	4:33.63
5		24.50	53.42	1:56.92	4:06.60	16:20.20	59.09	2:08.00	1:05.86	2:21.91	56.75	2:06.34	2:09.26	4:36.27
6		24.73	53.93	1:58.03	4:08.95	16:29.53	59.66	2:09.21	1:06.48	2:23.26	57.29	2:07.54	2:10.49	4:38.90
7		24.96	54.44	1:59.14	4:11.30	16:38.87	1:00.22	2:10.43	1:07.11	2:24.61	57.83	2:08.74	2:11.72	4:41.53
8		25.20	54.95	2:00.26	4:13.65	16:48.20	1:00.78	2:11.65	1:07.74	2:25.96	58.37	2:09.95	2:12.95	4:44.16
9		25.43	55.46	2:01.37	4:16.00	16:57.54	1:01.35	2:12.87	1:08.36	2:27.31	58.91	2:11.15	2:14.18	4:46.79
10		25.66	55.97	2:02.49	4:18.35	17:06.87	1:01.91	2:14.09	1:08.99	2:28.67	59.45	2:12.35	2:15.41	4:49.42

高1		自由形					背泳ぎ		平泳ぎ		バタフライ		個人メドレー	
		50	100	200	400	1500	100	200	100	200	100	200	200	400
%		23.56	51.37	1:52.43	3:57.14	15:42.61	56.83	2:03.08	1:03.33	2:16.46	54.57	2:01.49	2:04.29	4:25.67
1		23.80	51.88	1:53.55	3:59.51	15:52.04	57.40	2:04.31	1:03.96	2:17.82	55.12	2:02.70	2:05.53	4:28.33
2		24.03	52.40	1:54.68	4:01.88	16:01.46	57.97	2:05.54	1:04.60	2:19.19	55.66	2:03.92	2:06.78	4:30.98
3		24.27	52.91	1:55.80	4:04.25	16:10.89	58.53	2:06.77	1:05.23	2:20.55	56.21	2:05.13	2:08.02	4:33.64
4		24.50	53.42	1:56.93	4:06.63	16:20.31	59.10	2:08.00	1:05.86	2:21.92	56.75	2:06.35	2:09.26	4:36.30
5		24.74	53.94	1:58.05	4:09.00	16:29.74	59.67	2:09.23	1:06.50	2:23.28	57.30	2:07.56	2:10.50	4:38.95
6		24.97	54.45	1:59.18	4:11.37	16:39.17	1:00.24	2:10.46	1:07.13	2:24.65	57.84	2:08.78	2:11.75	4:41.61
7		25.21	54.97	2:00.30	4:13.74	16:48.59	1:00.81	2:11.70	1:07.76	2:26.01	58.39	2:09.99	2:12.99	4:44.27
8		25.44	55.48	2:01.42	4:16.11	16:58.02	1:01.38	2:12.93	1:08.40	2:27.38	58.94	2:11.21	2:14.23	4:46.92
9		25.68	55.99	2:02.55	4:18.48	17:07.44	1:01.94	2:14.16	1:09.03	2:28.74	59.48	2:12.42	2:15.48	4:49.58
10		25.92	56.51	2:03.67	4:20.85	17:16.87	1:02.51	2:15.39	1:09.66	2:30.11	1:00.03	2:13.64	2:16.72	4:52.24

2016 日本水泳連盟ナショナル選手標準記録対比表（男子・中学）

中3		自由形					背泳ぎ		平泳ぎ		バタフライ		個人メドレー	
		50	100	200	400	1500	100	200	100	200	100	200	200	400
%		24.00	52.34	1:54.60	4:01.71	16:00.78	57.91	2:05.44	1:04.54	2:19.08	55.61	2:03.83	2:06.68	4:30.79
1		24.24	52.86	1:55.75	4:04.13	16:10.39	58.49	2:06.69	1:05.19	2:20.47	56.17	2:05.07	2:07.95	4:33.50
2		24.48	53.39	1:56.89	4:06.54	16:20.00	59.07	2:07.95	1:05.83	2:21.86	56.72	2:06.31	2:09.21	4:36.21
3		24.72	53.91	1:58.04	4:08.96	16:29.60	59.65	2:09.20	1:06.48	2:23.25	57.28	2:07.54	2:10.48	4:38.91
4		24.96	54.43	1:59.18	4:11.38	16:39.21	1:00.23	2:10.46	1:07.12	2:24.64	57.83	2:08.78	2:11.75	4:41.62
5		25.20	54.96	2:00.33	4:13.80	16:48.82	1:00.81	2:11.71	1:07.77	2:26.03	58.39	2:10.02	2:13.01	4:44.33
6		25.44	55.48	2:01.48	4:16.21	16:58.43	1:01.38	2:12.97	1:08.41	2:27.42	58.95	2:11.26	2:14.28	4:47.04
7		25.68	56.00	2:02.62	4:18.63	17:08.03	1:01.96	2:14.22	1:09.06	2:28.82	59.50	2:12.50	2:15.55	4:49.75
8		25.92	56.53	2:03.77	4:21.05	17:17.64	1:02.54	2:15.48	1:09.70	2:30.21	1:00.06	2:13.74	2:16.81	4:52.45
9		26.16	57.05	2:04.91	4:23.46	17:27.25	1:03.12	2:16.73	1:10.35	2:31.60	1:00.61	2:14.97	2:18.08	4:55.16
10		26.40	57.57	2:06.06	4:25.88	17:36.86	1:03.70	2:17.98	1:10.99	2:32.99	1:01.17	2:16.21	2:19.35	4:57.87

中2		自由形					背泳ぎ		平泳ぎ		バタフライ		個人メドレー	
		50	100	200	400	1500	100	200	100	200	100	200	200	400
%		24.45	53.32	1:56.76	4:06.28	16:18.95	58.99	2:07.79	1:05.75	2:21.71	56.66	2:06.17	2:09.07	4:35.92
1		24.69	53.85	1:57.93	4:08.74	16:28.74	59.58	2:09.07	1:06.41	2:23.13	57.23	2:07.43	2:10.36	4:38.68
2		24.94	54.39	1:59.10	4:11.21	16:38.53	1:00.17	2:10.35	1:07.07	2:24.54	57.79	2:08.69	2:11.65	4:41.44
3		25.18	54.92	2:00.26	4:13.67	16:48.32	1:00.76	2:11.62	1:07.72	2:25.96	58.36	2:09.96	2:12.94	4:44.20
4		25.43	55.45	2:01.43	4:16.13	16:58.11	1:01.35	2:12.90	1:08.38	2:27.38	58.93	2:11.22	2:14.23	4:46.96
5		25.67	55.99	2:02.60	4:18.59	17:07.90	1:01.94	2:14.18	1:09.04	2:28.80	59.49	2:12.48	2:15.52	4:49.72
6		25.92	56.52	2:03.77	4:21.06	17:17.69	1:02.53	2:15.46	1:09.70	2:30.21	1:00.06	2:13.74	2:16.81	4:52.48
7		26.16	57.05	2:04.93	4:23.52	17:27.48	1:03.12	2:16.74	1:10.35	2:31.63	1:00.63	2:15.00	2:18.10	4:55.23
8		26.41	57.59	2:06.10	4:25.98	17:37.27	1:03.71	2:18.01	1:11.01	2:33.05	1:01.19	2:16.26	2:19.40	4:57.99
9		26.65	58.12	2:07.27	4:28.45	17:47.06	1:04.30	2:19.29	1:11.67	2:34.46	1:01.76	2:17.53	2:20.69	5:00.75
10		26.89	58.65	2:08.44	4:30.91	17:56.85	1:04.89	2:20.57	1:12.33	2:35.88	1:02.33	2:18.79	2:21.98	5:03.51

中1		自由形					背泳ぎ		平泳ぎ		バタフライ		個人メドレー	
		50	100	200	400	1500	100	200	100	200	100	200	200	400
%		25.12	54.79	2:00.00	4:12.57	16:43.94	1:00.61	2:11.32	1:07.57	2:25.64	58.23	2:09.67	2:12.66	4:42.96
1		25.37	55.34	2:01.20	4:15.10	16:53.98	1:01.22	2:12.63	1:08.25	2:27.10	58.81	2:10.97	2:13.99	4:45.79
2		25.62	55.89	2:02.40	4:17.62	17:04.02	1:01.82	2:13.95	1:08.92	2:28.55	59.39	2:12.26	2:15.31	4:48.62
3		25.87	56.43	2:03.60	4:20.15	17:14.06	1:02.43	2:15.26	1:09.60	2:30.01	59.98	2:13.56	2:16.64	4:51.45
4		26.12	56.98	2:04.80	4:22.67	17:24.10	1:03.03	2:16.57	1:10.27	2:31.47	1:00.56	2:14.86	2:17.97	4:54.28
5		26.38	57.53	2:06.00	4:25.20	17:34.14	1:03.64	2:17.89	1:10.95	2:32.92	1:01.14	2:16.15	2:19.29	4:57.11
6		26.63	58.08	2:07.20	4:27.72	17:44.18	1:04.25	2:19.20	1:11.62	2:34.38	1:01.72	2:17.45	2:20.62	4:59.94
7		26.88	58.63	2:08.40	4:30.25	17:54.22	1:04.85	2:20.51	1:12.30	2:35.83	1:02.31	2:18.75	2:21.95	5:02.77
8		27.13	59.17	2:09.60	4:32.78	18:04.26	1:05.46	2:21.83	1:12.98	2:37.29	1:02.89	2:20.04	2:23.27	5:05.60
9		27.38	59.72	2:10.80	4:35.30	18:14.29	1:06.06	2:23.14	1:13.65	2:38.75	1:03.47			

201 日本水泳連盟ナショナル選手標準記録対比表（女子・高校）

高3	自由形					背泳ぎ		平泳ぎ		バタフライ		個人メドレー	
	50	100	200	400	800	100	200	100	200	100	200	200	400
	%	25.94	56.60	2:00.91	4:12.60	8:36.35	1:01.64	2:11.98	1:09.33	2:28.83	59.76	2:11.18	2:15.13
1	26.20	57.17	2:02.12	4:15.13	8:41.51	1:02.26	2:13.30	1:10.02	2:30.32	1:00.36	2:12.49	2:16.48	4:47.10
2	26.46	57.73	2:03.33	4:17.65	8:46.68	1:02.87	2:14.62	1:10.72	2:31.81	1:00.96	2:13.80	2:17.83	4:49.95
3	26.72	58.30	2:04.54	4:20.18	8:51.84	1:03.49	2:15.94	1:11.41	2:33.29	1:01.55	2:15.12	2:19.18	4:52.79
4	26.98	58.86	2:05.75	4:22.70	8:57.00	1:04.11	2:17.26	1:12.10	2:34.78	1:02.15	2:16.43	2:20.54	4:55.63
5	27.24	59.43	2:06.96	4:25.23	9:02.17	1:04.72	2:18.58	1:12.80	2:36.27	1:02.75	2:17.74	2:21.89	4:58.47
6	27.50	1:00.00	2:08.16	4:27.76	9:07.33	1:05.34	2:19.90	1:13.49	2:37.76	1:03.35	2:19.05	2:23.24	5:01.32
7	27.76	1:00.56	2:09.37	4:30.28	9:12.49	1:05.95	2:21.22	1:14.18	2:39.25	1:03.94	2:20.36	2:24.59	5:04.16
8	28.02	1:01.13	2:10.58	4:32.81	9:17.66	1:06.57	2:22.54	1:14.88	2:40.74	1:04.54	2:21.67	2:25.94	5:07.00
9	28.27	1:01.69	2:11.79	4:35.33	9:22.82	1:07.19	2:23.86	1:15.57	2:42.22	1:05.14	2:22.99	2:27.29	5:09.84
10	28.53	1:02.26	2:13.00	4:37.86	9:27.99	1:07.80	2:25.18	1:16.26	2:43.71	1:05.74	2:24.30	2:28.64	5:12.69
高2	自由形					背泳ぎ		平泳ぎ		バタフライ		個人メドレー	
	50	100	200	400	800	100	200	100	200	100	200	200	400
	%	26.06	56.87	2:01.50	4:14.97	8:41.19	1:01.94	2:12.63	1:09.67	2:29.56	1:00.05	2:11.82	2:15.79
1	26.32	57.44	2:02.71	4:17.52	8:46.40	1:02.56	2:13.96	1:10.37	2:31.06	1:00.65	2:13.14	2:17.15	4:48.52
2	26.58	58.01	2:03.93	4:20.07	8:51.61	1:03.18	2:15.28	1:11.06	2:32.55	1:01.25	2:14.46	2:18.51	4:51.37
3	26.84	58.58	2:05.14	4:22.62	8:56.83	1:03.80	2:16.61	1:11.76	2:34.05	1:01.85	2:15.77	2:19.86	4:54.23
4	27.10	59.14	2:06.36	4:25.17	9:02.04	1:04.42	2:17.94	1:12.46	2:35.54	1:02.45	2:17.09	2:21.22	4:57.09
5	27.36	59.71	2:07.57	4:27.72	9:07.25	1:05.04	2:19.26	1:13.15	2:37.04	1:03.05	2:18.41	2:22.58	4:59.94
6	27.62	1:00.28	2:08.79	4:30.27	9:12.46	1:05.66	2:20.59	1:13.85	2:38.53	1:03.65	2:19.73	2:23.94	5:02.80
7	27.88	1:00.85	2:10.00	4:32.82	9:17.67	1:06.28	2:21.91	1:14.55	2:40.03	1:04.25	2:21.05	2:25.30	5:05.66
8	28.14	1:01.42	2:11.22	4:35.37	9:22.89	1:06.90	2:23.24	1:15.24	2:41.52	1:04.85	2:22.37	2:26.65	5:08.51
9	28.41	1:01.99	2:12.43	4:37.92	9:28.10	1:07.51	2:24.57	1:15.94	2:43.02	1:05.45	2:23.68	2:28.01	5:11.37
10	28.67	1:02.56	2:13.65	4:40.47	9:33.31	1:08.13	2:25.89	1:16.64	2:44.52	1:06.06	2:25.00	2:29.37	5:14.23
高1	自由形					背泳ぎ		平泳ぎ		バタフライ		個人メドレー	
	50	100	200	400	800	100	200	100	200	100	200	200	400
	%	26.19	57.15	2:02.10	4:16.22	8:43.74	1:02.24	2:13.28	1:10.01	2:30.30	1:00.35	2:12.47	2:16.46
1	26.45	57.72	2:03.32	4:18.78	8:48.98	1:02.86	2:14.61	1:10.71	2:31.80	1:00.95	2:13.79	2:17.82	4:49.94
2	26.71	58.29	2:04.54	4:21.34	8:54.21	1:03.48	2:15.95	1:11.41	2:33.31	1:01.56	2:15.12	2:19.19	4:52.81
3	26.98	58.86	2:05.76	4:23.91	8:59.45	1:04.11	2:17.28	1:12.11	2:34.81	1:02.16	2:16.44	2:20.55	4:55.68
4	27.24	59.44	2:06.98	4:26.47	9:04.69	1:04.73	2:18.61	1:12.81	2:36.31	1:02.76	2:17.77	2:21.92	4:58.55
5	27.50	1:00.01	2:08.21	4:29.03	9:09.93	1:05.35	2:19.94	1:13.51	2:37.81	1:03.37	2:19.09	2:23.28	5:01.42
6	27.76	1:00.58	2:09.43	4:31.59	9:15.16	1:05.97	2:21.28	1:14.21	2:39.32	1:03.97	2:20.42	2:24.65	5:04.29
7	28.02	1:01.15	2:10.65	4:34.16	9:20.40	1:06.60	2:22.61	1:14.91	2:40.82	1:04.57	2:21.74	2:26.01	5:07.16
8	28.29	1:01.72	2:11.87	4:36.72	9:25.64	1:07.22	2:23.94	1:15.61	2:42.32	1:05.18	2:23.07	2:27.38	5:10.04
9	28.55	1:02.29	2:13.09	4:39.28	9:30.88	1:07.84	2:25.28	1:16.31	2:43.83	1:05.78	2:24.39	2:28.74	5:12.91
10	28.81	1:02.87	2:14.31	4:41.84	9:36.11	1:08.46	2:26.61	1:17.01	2:45.33	1:06.39	2:25.72	2:30.11	5:15.78
2016 日本水泳連盟ナショナル選手標準記録対比表（女子・中学）													
中3	自由形					背泳ぎ		平泳ぎ		バタフライ		個人メドレー	
	50	100	200	400	800	100	200	100	200	100	200	200	400
	%	26.31	57.42	2:02.69	4:17.46	8:46.29	1:02.55	2:13.93	1:10.35	2:31.03	1:00.64	2:13.12	2:17.12
1	26.57	57.99	2:03.92	4:20.03	8:51.55	1:03.18	2:15.27	1:11.05	2:32.54	1:01.25	2:14.45	2:18.49	4:51.35
2	26.84	58.57	2:05.14	4:22.61	8:56.82	1:03.80	2:16.61	1:11.76	2:34.05	1:01.85	2:15.78	2:19.86	4:54.24
3	27.10	59.14	2:06.37	4:25.18	9:02.08	1:04.43	2:17.95	1:12.46	2:35.56	1:02.46	2:17.11	2:21.23	4:57.12
4	27.36	59.72	2:07.60	4:27.76	9:07.34	1:05.05	2:19.29	1:13.16	2:37.07	1:03.07	2:18.44	2:22.60	5:00.01
5	27.63	1:00.29	2:08.82	4:30.33	9:12.60	1:05.68	2:20.63	1:13.87	2:38.58	1:03.67	2:19.78	2:23.98	5:02.89
6	27.89	1:00.87	2:10.05	4:32.91	9:17.87	1:06.30	2:21.97	1:14.57	2:40.09	1:04.28	2:21.11	2:25.35	5:05.78
7	28.15	1:01.44	2:11.28	4:35.48	9:23.13	1:06.93	2:23.31	1:15.27	2:41.60	1:04.88	2:22.44	2:26.72	5:08.66
8	28.41	1:02.01	2:12.51	4:38.06	9:28.39	1:07.55	2:24.64	1:15.98	2:43.11	1:05.49	2:23.77	2:28.09	5:11.55
9	28.68	1:02.59	2:13.73	4:40.63	9:33.66	1:08.18	2:25.98	1:16.68	2:44.62	1:06.10	2:25.10	2:29.46	5:14.43
10	28.94	1:03.16	2:14.96	4:43.21	9:38.92	1:08.81	2:27.32	1:17.39	2:46.13	1:06.70	2:26.43	2:30.83	5:17.32
中2	自由形					背泳ぎ		平泳ぎ		バタフライ		個人メドレー	
	50	100	200	400	800	100	200	100	200	100	200	200	400
	%	26.56	57.97	2:03.88	4:19.96	8:51.38	1:03.15	2:15.23	1:11.03	2:32.50	1:01.23	2:14.41	2:18.46
1	26.83	58.55	2:05.12	4:22.56	8:56.69	1:03.78	2:16.58	1:11.74	2:34.02	1:01.84	2:15.75	2:19.84	4:54.19
2	27.09	59.13	2:06.36	4:25.16	9:02.01	1:04.41	2:17.93	1:12.45	2:35.55	1:02.45	2:17.10	2:21.23	4:57.11
3	27.36	59.71	2:07.60	4:27.76	9:07.32	1:05.04	2:19.29	1:13.16	2:37.07	1:03.07	2:18.44	2:22.61	5:00.02
4	27.62	1:00.29	2:08.84	4:30.36	9:12.64	1:05.68	2:20.64	1:13.87	2:38.60	1:03.68	2:19.79	2:24.00	5:02.93
5	27.89	1:00.87	2:10.07	4:32.96	9:17.95	1:06.31	2:21.99	1:14.58	2:40.12	1:04.29	2:21.13	2:25.38	5:05.84
6	28.15	1:01.45	2:11.31	4:35.56	9:23.26	1:06.94	2:23.34	1:15.29	2:41.65	1:04.90	2:22.47	2:26.77	5:08.76
7	28.42	1:02.03	2:12.55	4:38.16	9:28.58	1:07.57	2:24.70	1:16.00	2:43.17	1:05.52	2:23.82	2:28.15	5:11.67
8	28.68	1:02.61	2:13.79	4:40.76	9:33.89	1:08.20	2:26.05	1:16.71	2:44.70	1:06.13	2:25.16	2:29.54	5:14.58
9	28.95	1:03.19	2:15.03	4:43.36	9:39.20	1:08.83	2:27.40	1:17.42	2:46.22	1:06.74	2:26.51	2:30.92	5:17.50
10	29.22	1:03.77	2:16.27	4:45.96	9:44.52	1:09.47	2:28.75	1:18.13	2:47.75	1:07.35	2:27.85	2:32.31	5:20.41
中1	自由形					背泳ぎ		平泳ぎ		バタフライ		個人メドレー	
	50	100	200	400	800	100	200	100	200	100	200	200	400
	%	27.07	59.07	2:06.27	4:23.70	9:01.58	1:04.36	2:17.83	1:12.39	2:35.43	1:02.40	2:16.99	2:21.12
1	27.34	59.66	2:07.53	4:26.34	9:07.00	1:05.00	2:19.21	1:13.11	2:36.98	1:03.02	2:18.36	2:22.53	4:59.86
2	27.61	1:00.25	2:08.80	4:28.97	9:12.41	1:05.65	2:20.59	1:13.84	2:38.54	1:03.65	2:19.73	2:23.94	5:02.83
3	27.88	1:00.84	2:10.06	4:31.61	9:17.83	1:06.29	2:21.96	1:14.56	2:40.09	1:04.27	2:21.10	2:25.35	5:05.80
4	28.15	1:01.43	2:11.32	4:34.25	9:23.24	1:06.93	2:23.34	1:15.29	2:41.65	1:04.90	2:22.47	2:26.76	5:08.77
5	28.42	1:02.02	2:12.58	4:36.89	9:28.66	1:07.58	2:24.72	1:16.01	2:43.20	1:05.52	2:23.84	2:28.18	5:11.73
6	28.69	1:02.61	2:13.85	4:39.52	9:34.07	1:08.22	2:26.10	1:16.73	2:44.76	1:06.14	2:25.21	2:29.59	5:14.70
7	28.96	1:03.20	2:15.11	4:42.16	9:39.49	1:08.87	2:27.48	1:17.46	2:46.31	1:06.77	2:26.58	2:31.00	5:17.67
8	29.24	1:03.80	2:16.37	4:44.80	9:44.91	1:09.51	2:28.86	1:18.18	2:47.86	1:07.39	2:27.95	2:32.41	5:20.64
9	29.51	1:04.39	2:17.63	4:47.43	9:50.32	1:10.15	2:30.23	1:18.91	2:49.42	1:08.02	2:29.32	2:33.82	5:23.61
10	29.78	1:04.98	2:18.90	4:50.07	9:55.74	1:10.80	2:31.61	1:19.63	2:50.97	1:08.64	2:30.69	2:35.23	5:26.58